

MARCH 2019



GARDENS OF EUFAULA ASSISTED LIVING

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
HEALTH TOPIC: Nutrition Month 	FOOD:  Peanut Butter Lover's Month	FUN: St. Patrick's Day 	BIRTHDAYS: Dimple Zorn March 18 Anne Beasley March 19		1 11 AM Exercise w/ Heather 3 PM Bingo with Tina	2 2 PM Rummikub 
3 Caregiver Appreciation Day 	4 Mad for Plaid Month  10 AM Wear Your Plaid 11 AM Exercise	5 Fat Tuesday 11 AM Exercise 2 PM Bingo w/ Kings Cake 	6 Ash Wednesday 10 AM Bible Study with Ellen 2 PM Bingo with Southern Care	7 10 AM Music with Sr. Adult Choir 2 PM Bingo 	8 11 AM Exercise w/ Heather 3 PM Bingo with Tina	9 
10 Daylight Savings  Set your clock forward	11 11 AM Exercise 1:30 PM Group Singing - Ft Gaines Methodist Ladies	12 Plant a Flower 10 AM Crafts 2 PM Bingo 	13 10 AM Bible Study with Ellen 11 AM Exercise	14 Popcorn Lover's Day 10 AM Music with Ann & Noni 2 PM Bingo	15 11 AM Exercise w/ Heather 3 PM Bingo with Tina	16 National Quilting Day 
17  WEAR YOUR GREEN	18 11 AM Exercise Happy Birthday Aunt Dimp	19 10 AM Healthtalk with Kathy-SEAHC 2 PM Bingo Happy Birthday Ann Beasley	20 10 AM Bible Study with Ellen 10:30 AM Hand Massage with Allison	21 10 AM Music with Ann & Noni 11 AM Exercise 2 PM Bingo	22 11 AM Exercise w/ Heather 3 PM Bingo with Tina	23 National Puppy Day 
24 Sunday Fun Day Games with friends	25 Waffle Day Waffles for Breakfast 11 AM Exercise 1:30 PM Singing with Ft Gaines Methodist Men	26  10 AM Coffee & Doughnuts 11 AM Exercise 2 PM Bingo with Dr. Wags	27 10 AM Bible Study with Ellen 11 AM Lunch @ Michelle's	28 10 AM Music with Ann & Noni 11 AM Exercise 2 PM Bingo	29 11 AM Exercise w/ Heather 3 PM Bingo with Tina	30 Nat'l Doctor's Day 
31 Sunday Fun Day Games with friends						